

PENNSYLVANIA
Orthopaedic
SOCIETY



2024
Annual Meeting

October 9-11, 2024

Union League at Liberty Hill • Lafayette Hill, PA

Meeting At A Glance



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Scientific Program

Washington Ballroom (Unless otherwise specified)
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Wednesday, October 9

12:00 pm – 5:00 pm	Meeting Registration Summit Foyer
12:00 pm – 5:00 pm	Board of Directors Meeting Plymouth
6:00 pm	Exhibitor Setup Summit Foyer
6:30 pm – 9:00 pm	Welcome Reception Marquis Terrace

Thursday, October 10

6:00 am – 7:00 am	Scientific E-Poster Session Chestnut Hill, Whitemarsh, Philadelphia
6:30 am – 5:45 pm	Meeting Registration Summit Foyer
7:00 am – 7:05 am	Welcome and Opening Remarks

General Session 1: AAOS Update

7:05 am – 7:20 am	AAOS Update *CME Credit Not Available
7:20 am – 7:50 am	Focused Breakfast Presentation *CME Credit Not Available

Rapid Fire Session 1A - Sports **Chestnut Hill**

Moderator: David F. Martin, MD, American Board of Orthopaedic Surgery

7:55 am – 7:59 am	Incidence and Outcomes of Arthroscopic Rotator Cuff Repairs in Patients with Teres Minor Atrophy Fritz Steuer, BS, University of Pittsburgh School of Medicine
7:59 am – 8:03 am	Utilization of ACL Injury Prevention Programs in High School Athletes is Extremely Low Hannah R. Popper, MS, DO, Jefferson Health New Jersey
8:03 am – 8:07 am	Impact of Slice Choice on Glenoid Track in CT and MRI Fritz Steuer, BS, University of Pittsburgh School of Medicine
8:07 am – 8:11 am	Determinants of Failing to Achieve the MIC in Knee Function After ACLR Janina Kaarre, MD, MSc, University of Pittsburgh Medical Center *Presented by Anja M. Wackerle, MD
8:11 am – 8:17 am	Discussion
8:17 am – 8:21 am	Female Rugby Players Face Higher Non-Contact Knee Injury Risk Avanish Yendluri, BS, Icahn School of Medicine at Mount Sinai *Presented by Auston R. Locke, MPH
8:21 am – 8:25 am	OITE Analysis by Subsection Comparing to ABOS Part One Examination Nicholas Abate, DO, Philadelphia College of Osteopathic Medicine
8:25 am – 8:29 am	Pickleball and the Rising Incidence of Achilles Tendon Injuries in the Elderly Mark Miller, DO, Jefferson Health New Jersey
8:29 am – 8:33 am	The Cost, Reasons, and Timing of Last-Minute Cancellations Sophia McMahon, University of Pittsburgh UPMC
8:33 am – 8:40 am	Discussion

Rapid Fire Session 1B - Foot & Ankle **Whitemarsh**

Moderator: TBD

7:55 am – 7:59 am	Surprise Billing in Foot and Ankle Surgery and Its Effect on Patient Satisfaction Mark Miller, DO, Jefferson Health New Jersey
7:59 am – 8:03 am	Radiographic Predictors of Surgical Management of Symptomatic Calcaneal Spurs: A Retrospective Cohort Study Mark Miller, DO, Jefferson Health New Jersey *Presented by Joseph McCahon, DO
8:03 am – 8:07 am	All 5th Metatarsal Fractures Have Similar Outcomes Regardless of Management Manasa L. Kadiyala, MD, Perelman School of Medicine at the University of Pennsylvania *Presented by Luke B. Schwartz, BS
8:07 am – 8:11 am	Foot and Ankle Patient Education Materials and Artificial Intelligence Chatbots: A Comparative Analysis Aarav S. Parekh, Rothman Orthopaedic Institution
8:11 am – 8:17 am	Discussion
8:17 am – 8:21 am	Who Gets What? ORIF vs. TTC Fusion for Neuropathic Fractures Kelly Dopke, MD, Penn State College of Medicine
8:21 am – 8:25 am	Syndesmotic Screw Angle in Lateral Fibular Plates Impacts Syndesmotic Reduction Fritz Steuer, BS, University of Pittsburgh School of Medicine
8:25 am – 8:29 am	Readmission to the Emergency Department Status Post Total Ankle Arthroplasty Kelan Queenan, Penn State College of Medicine
8:29 am – 8:33 am	Geospatial Trends in TAA Reimbursements by Pennsylvania Area Deprivation Index Garcia A. Findlay, BS, Howard University College of Medicine
8:33 am – 8:40 am	Discussion

Rapid Fire Session 1C - Total Knee **Philadelphia**

Moderator: TBD

7:55 am – 7:59 am	Superior Clinical Outcomes with Robotic-assisted TKA Compared to Manual Nicolas Aycardi, BS, University of Pittsburgh
7:59 am – 8:03 am	Use of Bacteriophages for Recalcitrant Pseudomonas Aeruginosa Periprosthetic Joint Infection Rekha Arya, PhD, University of Pittsburgh School of Medicine
8:03 am – 8:07 am	Comparing Failure Rates between DAIR and Two-Stage Exchange Modalities Christian Cisneros, University of Pittsburgh School of Medicine
8:07 am – 8:11 am	Comparison of Antibiotic Spacer Types and Infection Eradication in TKA Timothy Edwards, DO, University of Pittsburgh Medical Center - Central Pennsylvania *Presented by Shaan D. Sadhwani, DO
8:11 am – 8:17 am	Discussion

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8:17 am – 8:21 am	Black Patients had Higher Mortality Rates Following Primary TKA Noah Feder, BA, University of Pittsburgh	Rapid Fire Session 2A - Spine Chestnut Hill Moderator: Christopher Henderson, MD, Lehigh Valley Orthopedic Institute
8:21 am – 8:25 am	Failure Rates of DAIR for Post-operative, Intermediate, and Hematogenous TKA-PJI Shaan D. Sadhwani, DO, University of Pittsburgh Medical Center	12:50 pm – 12:54 pm Physical and Psychological Impact of Scar Cosmesis after Cervical Fusion Matthew Meade, DO, Jefferson Health New Jersey
8:25 am – 8:29 am	Preoperative Percutaneous Cryoneurolysis Decreases Opioid Use after TKA David Wang, Allegheny Health Network *Presented by Anna Barclay, MD	12:54 pm – 12:58 pm Postoperative Outcomes in Patients Aged 66+ Following Cervical Fusion Katrina S. Nietsch, BS, MS, Icahn School of Medicine at Mount Sinai
8:29 am – 8:33 am	Postoperative Complication Rates in TKA: Tobacco vs. Non-Tobacco Nicotine Alternatives Remington C. Crossnoe, BS, John Sealy School of Medicine	12:58 pm – 1:02 pm Automated Scoliosis Classification from AI-enabled Spine Contouring and Cobb Angle Estimation Jennifer Yu, BS, Icahn School of Medicine at Mt. Sinai
8:33 am – 8:40 am	Discussion	1:02 pm – 1:05 pm Discussion
8:40 am – 9:00 am	BREAK – Please visit Exhibits Summit Foyer	1:05 pm – 1:09 pm Osteoporosis Awareness in Patients with Vertebral Fractures Treated with Kyphoplasty Christian C. Benedict, BS, Penn State College of Medicine
SYMPOSIUM 1: Sports Medicine Moderator: Robert A. Gallo, MD, Penn State Health		1:09 pm – 1:13 pm Postoperative Fever Effects on LOS and Readmission Following PCDF Matthew Meade, DO, Jefferson Health New Jersey
9:00 am – 9:10 am	Superior Capsular Reconstruction/Allograft Robert A. Gallo, MD, Penn State Health	1:13 pm – 1:17 pm Immediate vs. Delayed Venous Thromboembolism Prophylaxis Following Spine Surgery Gregory R Toci, MD, Rothman Orthopaedic Institute at Thomas Jefferson University Hospital
9:10 am – 9:20 am	Long Head of the Biceps Tendon Augmentation Aman Dhawan, MD, Penn State Health	1:17 pm – 1:20 pm Discussion
9:20 am – 9:30 am	Balloon Arthroplasty Gary F. Updegrove, MD, Penn State Hershey Medical Center	Rapid Fire Session 2B - Shoulder & Elbow Whitemarsh Moderators: Daniel E. Davis, MD, Rothman Institute at Thomas Jefferson University & Aman Dhawan, MD, Penn State Health
9:30 am – 9:45 am	Arthroplasty Cases: What Would You Do? Alexandria Starks, MD, Orthopedic Associates of Lancaster	12:50 pm – 12:54 pm Post Operative Opioid Usage Following Shoulder Arthroplasty William Zofkie, Penn State College of Medicine
9:45 am – 10:00 am	Questions/Discussion	12:54 pm – 12:58 pm Improving Strength of Stemless Total Shoulder Arthroplasty with Multiplanar Osteotomy Andrew J. Frear, BS, University of Pittsburgh School of Medicine *Presented by Victoria R. Wong, BA
SYMPOSIUM 2: Foot & Ankle Moderator: Thomas Sherman MD, Orthopedic Associates of Lancaster		12:58 pm – 1:02 pm Predictors of Failing Same Day Discharge after Shoulder Arthroplasty Ehab Nazzal, MD, University of Pittsburgh School of Medicine
10:00 am – 10:15 am	TAR, TAR Revision, and Total Talus Replacement: Current Status of Ankle Arthroplasty in 2024 David Pedowitz, MD, Rothman Orthopaedic Institute	1:02 pm – 1:05 pm Discussion
10:15 am – 10:30 am	MIS in Foot and Ankle Surgery Bobby Ndu, MD, MBA, University of Pennsylvania	1:05 pm – 1:09 pm Effect of Comorbidities on Short-Term Postoperative Complications Following Total Shoulder Arthroplasty: A TriNetX Study Asif M. Ilyas, MD, MBA, Rothman Orthopaedic Institute *Presented by Simran Shamith, BS
10:30 am – 10:45 am	3D Printing for Charcot Arthropathy and Bone Voids Gerard J. Cush, MD, Evangelical Community Hospital	1:09 pm – 1:13 pm The Protective Effect of Remplissage Addition to Arthroscopic Bankart Repair Fritz Steuer, BS, University of Pittsburgh School of Medicine
10:45 am – 11:00 am	Questions/Discussion	
11:00 am – 11:20 am	BREAK – Please visit Exhibits Summit Foyer	
GENERAL SESSION 2 - Presidential Guest Speaker *CME Credit Not Available Moderator: TBD		
11:20 am – 11:50 am	Update from the ABOS: How to Get Board Certified and Stay that Way David F. Martin, MD, American Board of Orthopaedic Surgery	
11:50 am – 12:20 pm	Focused Lunch Presentation *CME Credit Not Available	
12:20 pm – 12:45 pm	PAOrtho Business Meeting & Awards *CME Credit Not Available	

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1:13 pm – 1:17 pm	Risk Factors for Recurrent Posterior Shoulder Instability Following Arthroscopic Stabilization Garcia A. Findlay, BS, Howard University College of Medicine	2:55 pm – 3:10 pm	Orthopaedic Oncology Cases and When to Refer Lauren N. Zeitlinger, DO, UPMC in Central PA
1:17 pm – 1:20 pm	Discussion	3:10 pm – 3:25 pm	Questions/Discussion
Rapid Fire Session 2C - Total Hip Philadelphia Moderators: TBD		3:25 pm – 3:45 pm	BREAK – Please visit Exhibits Summit Foyer
12:50 pm – 12:54 pm	Outcomes Following THA at Academic and Non-Academic Medical Centers Caroline Lindsey, BS, University of Pittsburgh	SYMPOSIUM 5: Outpatient Total Joints: How to be Successful Moderator: Gregory Tocks, DO, Orthopedic Associates of Lancaster	
12:54 pm – 12:58 pm	GLP-1 Agonists in Total Hip Arthroplasty: Complications, Readmissions, and Outcomes Robert J. Magaldi, DO, Jefferson Health New Jersey	3:45 pm – 4:00 pm	Developing an Outpatient Joint Program Gregory Tocks, DO, Orthopedic Associates of Lancaster
12:58 pm – 1:02 pm	Periprosthetic fractures after THA - Flat-tapered vs. Dual Tapered Stems Merrick Wetzler, MD, Advocare South Jersey Orthopedic Associates	4:00 pm – 4:15 pm	Anesthesia for Outpatient Total Joints Jonathan Shirey, MD, Orthopedic Associates of Lancaster
1:02 pm – 1:05 pm	Discussion	4:15 pm – 4:30 pm	The Business of Outpatient Total Joints H. William Weik, Jr., Orthopedic Associates of Lancaster
1:05 pm – 1:09 pm	Early Emergency Department Utilization after Total Hip Arthroplasty: Reasons for Visits & Preventability Yagiz Ozdag, MD, Geisinger	4:30 pm – 4:45 pm	Questions/Discussion
1:09 pm – 1:13 pm	Factors Influencing Successful Same Day Discharge Following Total Hip Arthroplasty Shaan D. Sadhwani, DO, University of Pittsburgh Medical Center *Presented by Jamie Henzes, DO	SYMPOSIUM 6: Young Persons' Panel Discussion Moderator: Barry J. Snyder, MD, Levittown, PA	
1:13 pm – 1:17 pm	Postoperative Albumin Levels as a Predictor of 30-Day Outcomes Following Hip Arthroplasty Kirstin Humble, MD, Penn State College of Medicine	4:45 pm – 5:45 pm	Life and Career Lessons Learned Along the Way Gerald R. Williams Jr., MD, Rothman Orthopaedic Institute Leslie A. Barnes, MD, Temple Health Stephen Y. Liu, Penn Medicine
1:17 pm – 1:20 pm	Discussion	5:45 pm – 6:45 pm	Exhibitor Reception Summit Foyer & Courtyard
Friday, October 11			
1:25 pm – 1:40 pm	Classification of the Thoracolumbar Spine Trauma J. Mangan, MD, MHA, Rothman Orthopaedic Institute	6:30 am – 7:30 am	Scientific E-Poster Session Chestnut Hill, Whitemarsh, Philadelphia
1:40 pm – 1:55 pm	Title TBD Justin Stull, MD, Hackensack University Medical Center	6:30 am – 11:45 am	Meeting Registration Summit Foyer
1:55 pm – 2:00 pm	Questions/Discussion	7:25 am – 7:30 am	Announcements
Featured Lecture – Osteoporosis/Bone Health		SYMPOSIUM 7: Evolving Orthopaedic Practice *CME Credit Not Available	
2:00 pm – 2:20 pm	Osteoporosis/Bone Health Scott E. Sexton, MD, Lehigh Valley Health Network	7:30 am – 7:45 am	How to Use an ATC Eva Frank, PhD, Lebanon Valley College
SYMPOSIUM 4: Tumor Moderator: Lauren N. Zeitlinger, DO, UPMC in Central PA		7:45 am – 8:00 am	How to Run an Orthopaedic Urgent Care Eric Zimmerman, PA-C, Orthopedic Associates of Lancaster
2:25 pm – 2:40 pm	Staying Out of Trouble with Soft Tissue Tumors Cara Cipriano, MD, MSc, University of Pennsylvania	8:00 am – 8:30 am	Focused Breakfast Presentation *CME Credit Not Available
2:40 pm – 2:55 pm	Pelvis Metastatic Disease: Percutaneous Fixation and Ablation, Newer Technique for Testing Pelvic Metastatic Disease Tae Won B. Kim, MD, Cooper University	Rapid Fire Session 3A - Hand & Wrist Chestnut Hill Moderator: Daniel Torres, MD, Lehigh Valley Health Network	
		8:30 am – 8:34 am	The Effect of Virtual Reality on Peri-Operative Anxiety during WALANT Hand Surgery: A Prospective Randomized Trial Asif M. Ilyas, MD, MBA, Rothman Orthopaedic Institute *Presented by Jahan Aslami, BS
		8:34 am – 8:38 am	Therapy After Distal Radius Fracture: Bridge Plate vs Traditional Fixation Lilah Fones, MD, Thomas Jefferson University Hospital/Rothman Institute
		8:38 am – 8:42 am	1st Place - Resident Research Award The Effect of Non-Steroidal Anti-Inflammatory

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8:42 am – 8:46 am	Drugs on Union Rates following Operative Repair of Distal Radius Fractures Asif M. Ilyas, MD, MBA, Rothman Orthopaedic Institute *Presented by Michael Chang, MD	9:00 am – 9:04 am	Trends in Orthopaedic Surgery on Patients 90 Years Old and Older 2014-2023 Lilah Fones, MD, Thomas Jefferson University Hospital/Rothman Institute
8:46 am – 8:52 am	Discussion	9:04 am – 9:08 am	High Secondary Fracture Risk in Elderly Following Distal Femur Fracture Kevin Li, BS, University of Pittsburgh School of Medicine
8:52 am – 8:56 am	Randomized Trials Evaluating Thumb Carpometacarpal (CMC) Arthroplasty are Statistically Fragile Niklas H. Koehne, BA, Icahn School of Medicine at Mount Sinai	9:08 am – 9:15 am	Discussion
8:56 am – 9:00 am	Biomechanics: Tendon Stapler vs. Suture Repair for Flexor Tendon Injuries Anna Barclay, MD, Allegheny Health Network	Rapid Fire Session 3C - Pediatrics, Tumor and Basic Science Philadelphia Moderator: Lauren N. Zeitlinger, DO, UPMC in Central PA	
9:00 am – 9:04 am	Comparison of Diagnostic Methods and Outcomes after Carpal Tunnel Release Madalyn Kostyal, MD, University of Pittsburgh Medical Center	8:30 am – 8:34 am	2nd Place - Resident Research Award Soft Tissue to Bone Index as a Predictor for Failure of Nonoperative Management of Pediatric Distal Radius Fractures Andrew Lowery, MD, Drexel University College of Medicine
9:04 am – 9:08 am	Nexel Total Elbow Arthroplasty Has Excellent Outcomes with Minimal Complication Anna Barclay, MD, Allegheny Health Network	8:34 am – 8:38 am	Comparing Traumatic Fracture Patterns in Pediatric Skiing and Snowboarding Avanish Yendluri, BS, Icahn School of Medicine at Mount Sinai *Presented by Jennifer Yu, BS
9:08 am – 9:15 am	Discussion	8:38 am – 8:42 am	Treatment of Spondylolysis and Spondylolisthesis in Adolescents: A Systematic Review Jacob E. King, BS, Advocare South Jersey Orthopedic Associates
	Rapid Fire Session 3B - Trauma Whitemarsh Moderator: Matthew Garner, MD, University of Pittsburgh Medical Center	8:42 am – 8:46 am	Paroxetine-mediated GRK2 Inhibition in the Treatment of Primary Knee Osteoarthritis in Aging Mice Tarek Haj Shehadeh, MD, Penn State University
8:30 am – 8:34 am	Risk Factors for Malalignment after Intramedullary Nailing Distal Tibia Fractures Nikki A. Doerr, DO, Philadelphia College of Osteopathic Medicine	8:46 am – 8:52 am	Discussion
8:34 am – 8:38 am	Anticoagulation Increases Bleeding Complications in Operative Femur and Pelvic Fractures Anna Barclay, MD, Allegheny Health Network	8:52 am – 8:56 am	Viscoelastic and Failure Properties of Spinal Ligaments in Yorkshire Piglets with Induced Scoliosis Dogerno Norceide, BS,MS, Drexel College of Medicine
8:38 am – 8:42 am	Intraoperative Periprosthetic Fracture Rate in Elderly Patients Undergoing Hip Hemiarthroplasty: A Comparison of Uncemented and Cemented Stems Michael J. DeRogatis, MD, MS, St. Luke's University Hospital	8:56 am – 9:00 am	ERAS Pathways Following Arthroplasty vs. Arthroscopy - Analyzing Postoperative Opioid Prescriptions Wali U. Pirzada, Rothman Institute Foundation for Opioid Research and Education
8:42 am – 8:46 am	Can We Avoid Primary Failure of Subtrochanteric Femur Fractures? Lauren Merrell, Perelman School of Medicine at the University of Pennsylvania *Presented by Jack Adams, BA	9:00 am – 9:04 am	The Effect of NSAIDs on Risk of Adverse Fracture Healing: A Meta-Analysis Asif M. Ilyas, MD, MBA, Rothman Orthopaedic Institute *Presented by Julian Takagi-Stewart, BS
8:46 am – 8:52 am	Discussion	9:04 am – 9:08 am	Patient and Physician Perspectives on Immediate Release of Pathology Results Amol H. Trivedi, BS, Allegheny Health Network
8:52 am – 8:56 am	Reliability of Diagnosing Hip Fractures Using Smartphones Matthew Schultz, DO, Jefferson Health New Jersey	9:08 am – 9:15 am	Discussion
8:56 am – 9:00 am	Bone Density Does Not Predict Failure in Reduced Hip Fractures Mike Z. Kuhn, MD, UPMC *Presented by Jayanth Kashyap, BS	9:15 am – 9:40 am	BREAK – Please visit Exhibits Summit Foyer
		SYMPOSIUM 8: Hand Moderator: Kenneth F. Taylor, MD, Penn State Hershey Medical Center	
		9:40 am – 9:55 am	Carpal Tunnel Syndrome: Current Controversies David R. Steinberg, MD, University of Pennsylvania

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9:55 am – 10:10 am	Distal Radius Fractures: When to Operate and When to Cast Asif M. Ilyas, MD, Rothman Orthopaedic Institute	10:45 am – 10:50 am	Ankle Fractures: 5 Tips in 5 Minutes Jean-Claude D'Alleyrand, MD, University of Pennsylvania
10:10 am – 10:25 am	Simple Hand Consultations That Aren't So Simple Kenneth F. Taylor, MD, Penn State Hershey Medical Center	10:50 am – 11:10 am	Ankle Fractures: Cases that Went Right – What Would the Faculty Do? Garrett Cavanaugh, MD, Einstein Medical Center Philadelphia - Jefferson Health
10:25 am – 10:40 am	Questions/Discussion	11:10 am – 11:30 am	Ankle Fractures: Cases that Went Wrong – What Would the Faculty Do? Matthew Garner, MD, University of Pittsburgh Medical Center
SYMPOSIUM 9: Trauma Moderator: Derek Donegan, MD, MBA, University of Pennsylvania		11:30 am – 11:40 am	Questions
10:40 am – 10:45 am	It's Just an Ankle Fracture Derek Donegan, MD, MBA, University of Pennsylvania	11:45 am	Meeting Adjourned

ACCREDITATION STATEMENT

CME ACCREDITATION: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Pennsylvania Orthopaedic Society. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians. The American Academy of Orthopaedic Surgeons designates this live activity, Pennsylvania Orthopaedic Society 2024 Annual Meeting, for a maximum of approximately 12 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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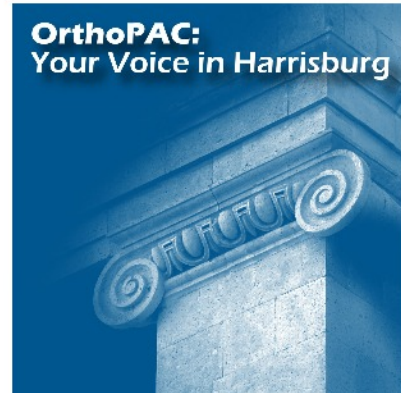
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OrthoPAC is one of your strongest allies and the only organized grassroots association committed to affecting positive legislative change for you and the orthopaedic community of Pennsylvania.

There are few times in the past when the practice of medicine has been under assault as it is now. Skyrocketing medical liability costs nearly ended private practice in Pennsylvania several years ago, but through our grassroots legislative advocacy efforts, Pennsylvania Orthopaedic Society and the OrthoPAC fought back and preserved medical practice for all physicians.

OrthoPAC exists to support state candidates for public office who understand medical issues and defend OrthoPAC's legislative positions; to encourage orthopaedic surgeons and their spouses to individually participate in local fundraising and campaign efforts; to encourage an understanding of the nature of the legislative and political process, along with a candidate's position on important medical issues; and to further the understanding of legislative and regulatory activity in Pennsylvania.

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